

# Wise Chiropractic, Inc

Eat Wise • Move Wise • Think Wise

6332 S. Rainbow Blvd #120 Las Vegas, NV 89118 (702)248-6292

## PERSONAL HISTORY

Name: \_\_\_\_\_ Today's Date \_\_\_\_\_  
Address: \_\_\_\_\_ Business Employer: \_\_\_\_\_  
City: \_\_\_\_\_ Type of Work: \_\_\_\_\_  
State: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Home Phone Number: \_\_\_\_\_ Cell: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_ Sex:  M  F Circle One: Single Married Widowed Divorced Separated  
Email Address: \_\_\_\_\_ Name Of Spouse (If applicable): \_\_\_\_\_  
Name of Individual you authorize us to share your health information/appointment scheduling/financial information: \_\_\_\_\_  
Referred To This Office By: \_\_\_\_\_ Name and Phone Number of Emergency Contact: \_\_\_\_\_  
Name of Primary Care Physician (PCP): \_\_\_\_\_  
PCP Address: \_\_\_\_\_

## CURRENT HEALTH CONDITION

Reason for Visit: \_\_\_\_\_  
When Did This Condition Begin? \_\_\_\_\_ Has the Condition Occurred Before?  Yes  No  
Is this condition getting worse?  Yes  No Rate the severity of the pain 1 (least pain) to 10 (severe pain) \_\_\_\_\_  
Type of Pain:  Sharp  Dull  Throbbing  Numb  Stiff  Burning  Aching  Shooting  Tingling  Cramping \_\_\_\_\_  
How often do you have this condition: \_\_\_\_\_ Does it interfere with:  Work  Sleep  Daily Routine  Recreation  
Activities or movements that are painful to perform:  Sitting  Standing  Lifting  Walking  Lying Down  
Other Doctors Seen For This Condition:  Yes  No If Yes Who? \_\_\_\_\_  
Type of Treatment: \_\_\_\_\_ Results: \_\_\_\_\_  
Is Condition:  Job Related  Auto Accident  Home Injury  Fall  Other: \_\_\_\_\_  
Date of Accident: \_\_\_\_\_ Time of Accident: \_\_\_\_\_  
Have You Made A Report Of Your Accident To Your Employer/Insurance Company:  Yes  No  
Drugs You Take Now:  Nerve Pills  Pain Killers/Muscle Relaxers  Blood Pressure Medicine  Insulin  Other  
Vitamins/Herbs/Minerals You are taking: \_\_\_\_\_  
Do You Suffer From Any Other Condition Other Than That Which You Are Now Consulting Us? \_\_\_\_\_

## PAST HEALTH HISTORY

Please Check and Describe:

Major Surgery/Operations:  Appendectomy  Tonsillectomy  Gall Bladder  Hernia  Back Surgery  Broken Bones

Other (please list details) \_\_\_\_\_

Major Accidents Or Falls: \_\_\_\_\_

Hospitalization (Other Than Above): \_\_\_\_\_

Previous Chiropractic Care:  None  Doctor's Name & Approximate Date of Last Visit: \_\_\_\_\_

Date of Last: Spinal X-ray \_\_\_\_\_ MRI \_\_\_\_\_ (region: \_\_\_\_\_) Physical Exam \_\_\_\_\_

**Below is a list of current or past diseases. These questions must be answered carefully as these problems can affect your overall course of care.**

**CHECK ANY OF THE FOLLOWING DISEASES or SYMPTOMS YOU HAVE HAD:**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Pneumonia       | <input type="checkbox"/> Mumps                       | <input type="checkbox"/> Influenza        |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Small Pox                   | <input type="checkbox"/> Pleurisy         |
| <input type="checkbox"/> Polio           | <input type="checkbox"/> Chicken Pox                 | <input type="checkbox"/> Arthritis        |
| <input type="checkbox"/> Tuberculosis    | <input type="checkbox"/> Diabetes (type: _____)      | <input type="checkbox"/> Epilepsy         |
| <input type="checkbox"/> Whooping Cough  | <input type="checkbox"/> Cancer (type: _____)        | <input type="checkbox"/> Mental Disorders |
| <input type="checkbox"/> Rubella         | <input type="checkbox"/> Heart Disease (type: _____) | <input type="checkbox"/>                  |
| <input type="checkbox"/> Measles         | <input type="checkbox"/> Thyroid (type: _____)       | <input type="checkbox"/> Eczema           |

Have you tested HIV Positive?  Yes  No

**CHECK ANY OF THE FOLLOWING YOU HAVE HAD IN THE PAST 0-12 MONTHS:**

**MUSCULO-SKELETAL**

- Low Back Pain
- Pain Between Shoulders
- Neck Pain
- Arm Pain
- Joint Pain/Stiffness
- Walking Problems
- Difficult Chewing/Clicking Jaw
- General Stiffness
- Gas/Bloating After Meals
- Heartburn/Reflux
- Black/Bloody Stool
- Irritable Bowel/Colitis/Chron's

**NERVOUS SYSTEM**

- Weakness in arms/legs/body
- Numbness
- Paralysis
- Dizziness
- Forgetfulness
- Cold or discolored extremities
- Fainting
- Convulsions or Seizures
- Tingling Extremities

**GENERAL CODE**

- Fatigue
- Allergies (List: \_\_\_\_\_)
- Loss of Sleep
- Fever
- Headaches

**GENITO-URINARY**

- Bladder Trouble
- Painful/Excessive Urination
- Discolored Urine
- Kidney Stones

**C-V-R**

- Chest Pain
- Short Breath
- Blood Pressure Problems
- Irregular Heartbeat
- Heart Problems or congenital defect
- Lung Problems/Congestion
- Varicose Veins
- Ankle Swelling
- Stroke

**EENT**

- Vision Problems
- Dental Problems
- Sore Throat
- Ear Aches or Infection
- Hearing Difficulty
- Stuffed Nose or Sinus Infection
- Ringing in the ears

**MALE/FEMALE**

- Menstrual Irregularity
- Menstrual Cramps
- Vaginal Pain/Infection
- Breast Pain/Lumps
- Prostate/Sexual Dysfunction
- Other Problems

**FEMALES ONLY**

When was your last period?

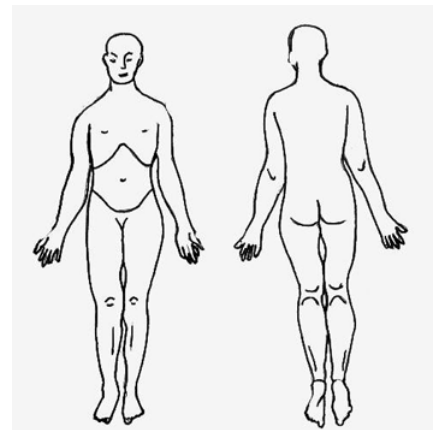
Are you Pregnant?

- Yes  No

**MENTAL/EMOTIONAL**

- Anxiety
- Psychotic episodes
- Attempted suicide in lifetime
- Anger/aggression
- Attention Deficit
- Depression

**Please outline on the diagram the area of your discomfort**



## PAST HEALTH HISTORY (cont)

### GASTRO-INTESTINAL

- Poor/Excessive Appetite
- Excessive Thirst
- Frequent Nausea
- Vomiting
- Diarrhea
- Constipation
- Hemorrhoids
- Liver Problems
- Gall Bladder Problems
- Weight Trouble
- Abdominal Cramps

### FAMILY HISTORY

List family members with the following illnesses:

- Heart Disease \_\_\_\_\_
- Cancer \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Stroke \_\_\_\_\_
- Neurological Disorder \_\_\_\_\_
- Other \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

### EXERCISE

- None
- Mild 1-2x/wk
- Moderate 3x/wk
- Daily
- Heavy (daily and intense)

### HABITS

- Smoking (Pack/day) \_\_\_\_\_
- Alcohol (Drinks/wk) \_\_\_\_\_
- Coffee/Caffeine (Cups/day) \_\_\_\_\_
- Water Ounces/day \_\_\_\_\_
  
- High Stress Level
- Reason \_\_\_\_\_
- Things you do to handle stress

\_\_\_\_\_  
\_\_\_\_\_

## “GEORGE’S CEREBROVASCULAR CRANIOCERVICAL FUNCTION TEST”

Instructions: Please check the correct response.

### Historical Information

- Have you ever been diagnosed or told you have any of the following?
  - 1. High Blood Pressure (hypertension)  Yes  No
  - 2. Hardening of the arteries (arteriosclerosis)  Yes  No
  - 3. Diabetes  Yes  No
  - 4. Heart or blood vessel diseases  Yes  No
  - 5. Bone spurs on the neck bones (cervical spondylosis)  Yes  No
  - 6. Whiplash injury (flexion-extension injury) (cervical spine)  Yes  No
  - 7. Have any of your relatives suffered a stroke?  Yes  No
  - 8. Were you ever a smoker? If yes, from \_\_\_\_\_ to \_\_\_\_\_  Yes  No
  - 9. Do you take any medications on a regular basis?  Yes  No
    - If yes, what? (Coumadin, Heparin, Aspirin, Anti-hypertensive medicine, etc.) \_\_\_\_\_
  - 10. (Women Only) Have you ever taken oral Contraceptives?  Yes  No
    - If yes, from \_\_\_\_\_ to \_\_\_\_\_
  
- Have you ever had any of the following, even short, temporary attacks, in the last year?
  - 1. Blurred Vision  Yes  No
  - 2. Double Vision  Yes  No
  - 3. Diminished or partial loss of vision in one or both eyes?  Yes  No
  - 4. Complete loss of vision in one or both eyes?  Yes  No
  - 5. Ringing, buzzing or any noise in the ear(s)?  Yes  No
  - 6. Hearing loss in one or both ears?  Yes  No
  - 7. Slurred speech or other speech problems?  Yes  No
  - 8. Difficulty swallowing?  Yes  No
  - 9. Dizziness?  Yes  No
  - 10. Temporary lack of understanding?  Yes  No
  - 11. Loss on consciousness, even momentary blackouts?  Yes  No
  - 12. Numbness or loss of sensation in the face, fingers, hand, arms, legs, or any other parts of your body?  Yes  No
  - 13. Any other abnormal sensations in any part of your body?  Yes  No
  - 14. Weakness, clumsiness or loss of strength in the face, finger, hands, arms, or legs?  Yes  No
  - 15. Sudden collapse without loss of consciousness?  Yes  No

**Is your current health affecting any of the activities below? (Please circle)**

**Work:** Yes No

**Recreation:** Yes No

**Sleep:** Yes No

**Social life:** Yes No

**Walking:** Yes No

**Sitting:** Yes No

**Exercise:** Yes No

**Eating:** Yes No

**Family:** Yes No

**School:** Yes No

**Marriage:** Yes No

**Finances:** Yes No

If your current health condition was allowed to continue for the next 5 years, how do you think it would affect you? \_\_\_\_\_

**PLEASE CHECK YOUR CURRENT HEALTH GOALS**

- I am only concerned with my immediate problem and want a temporary quick fix.
- I am concerned with my immediate problem and preventing its return.
- I want to achieve optimum health and well-being on every level!
- I am interested in wellness care for myself and/or my family.

**Terms of Acceptance**

Wise Chiropractic is a Family Wellness Center specializing in the detection, correction and prevention of vertebral subluxations (spine and nerve system problems). We are also advanced providers for Nambudripad's Allergy Elimination Techniques, also known as NAET.

In Chiropractic, we do not treat or diagnose medical conditions nor dispense drugs. Today you will have a consultation and examination to evaluate the health of your spine and nerve system. The information will be analyzed and the doctor will discuss the results of your exam. If we accept your case, you will receive recommendations outlining the steps needed to improve your health. Our methods include spinal adjustments, nutrition, physiotherapy, rehabilitative exercises, orthotics, weight loss and stress reduction. Our goal is to teach you how to Eat Wise – Move Wise – Think Wise.

NAET is a non-invasive, drug free, natural solution to alleviate allergies of all types and intensities using a blend of selective energy balancing, testing and treatment procedures from acupuncture/acupressure, allopathy, chiropractic, nutritional, and kinesiological disciplines of medicine.

If accepted as a patient, I give consent to any and all treatment rendered to Myself or my Children, including x-rays if needed. I have been given my HIPPA rights. They are posted on the wall for review. I have been informed of the possible risks involved with chiropractic care.

By signing below, I understand and agree to these terms

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature of Parent (for minor): \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of Parent \_\_\_\_\_